

WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><u>Breakfast</u> Grilled tomato Bacon, baked beans Fried Egg</p> <p><u>Soup of the Day</u> Moroccan red lentil with coriander</p> <p><u>Lunch Main</u> Chicken & Bacon Casserole</p> <p><u>Lunch Vegetarian</u> Tray baked roasted Peppers with couscous</p> <p><u>Lunch Sides</u> Dumplings Swede & Carrot mash Broccoli & Peas Salad Bar Pasta Bar Jacket potato bar</p> <p><u>Lunch Pudding</u> Fruits of the forest & Pear Crumble</p> <p><u>Dinner Main</u> Chinese beef Stir Fry</p> <p><u>Dinner Vegetarian</u> Chinese Vegetable Stir Fry</p> <p><u>Dinner Sides</u> Egg noodles Prawn crisps</p>	<p><u>Breakfast</u> Scrambled egg, hash brown, sausage Tomato relish</p> <p><u>Soup of the Day</u> Pumpkin soup</p> <p><u>Lunch Main</u> Rish beef lasagne</p> <p><u>Lunch Vegetarian</u> Spinach, mushroom & tomato lasagne</p> <p><u>Lunch Sides</u> Garlic bread Roasted moroccan style butternut Salad Bar Pasta Bar Jacket potato bar</p> <p><u>Lunch Pudding</u> Chocolate Eclairs</p> <p><u>Dinner Main</u> Bangers & Mash with heart gravy & caramelised onion</p> <p><u>Dinner Vegetarian</u> Vege Bangers & Mash With gravy</p> <p><u>Dinner Sides</u> Minted peas & baby Carrots</p>	<p><u>Breakfast</u> Danish pastry Croissant Pain au Chocolat</p> <p><u>Soup of the Day</u> Leek and Potato</p> <p><u>Lunch Main</u> Thai green Chicken Curry with lemon grass & new potato</p> <p><u>Lunch Vegetarian</u> Thai green Veg curry with lemon grass, potato</p> <p><u>Lunch Sides</u> Pilaf Basmati rice Sambal Riata, naan bread Salad Bar Pasta Bar Jacket potato bar</p> <p><u>Lunch Pudding</u> Chocolate sponge with Choc ganache</p> <p><u>Dinner Main</u> Sloppy Joes Cheese sauce</p> <p><u>Dinner Vegetarian</u> Quorn sloppy Joe Cheese sauce</p> <p><u>Dinner Sides</u> Chips pickled jalepeno</p>	<p><u>Breakfast</u> Soft boiled egg Spaghetti hoops potato waffle</p> <p><u>Soup of the Day</u> Mexican bean & Tomato</p> <p><u>Lunch Main</u> Roast Chicken Gravy</p> <p><u>Lunch Vegetarian</u> Vegetable spring rolls</p> <p><u>Lunch Sides</u> Roast potato Steamed green mix Glazed chantanay carrots Salad Bar Pasta Bar Jacket potato bar</p> <p><u>Lunch Pudding</u> Individual Ice Cream Pots</p> <p><u>Dinner Main</u> Mac n Cheese with Mushroom & Chorizo</p> <p><u>Dinner Vegetarian</u> Mac n Cheese with Mushroom</p> <p><u>Dinner Sides</u></p>	<p><u>Breakfast</u> bacon, Fried egg Hash brown, baked beans</p> <p><u>Soup of the Day</u> Carrot, coconut & Ginger soup</p> <p><u>Lunch Main</u> Battered fried fish Market fish of the day Tartare sauce. Lemon</p> <p><u>Lunch Vegetarian</u> Falafel & Spinach Burger</p> <p><u>Lunch Sides</u> Mushy peas, minted peas Baked Beans Chips Salad Bar Pasta Bar Jacket potato bar</p> <p><u>Lunch Pudding</u> Syrup sponge with Custard</p> <p><u>Dinner Main</u> Selection of toasties with assorted fillings</p> <p><u>Dinner Vegetarian</u> Selection of toasties with assorted fillings</p> <p><u>Dinner Sides</u> Crisps</p>	<p><u>Breakfast</u> Full english breakfast</p> <p><u>Soup of the Day</u> None</p> <p><u>Lunch Main</u> Southern fried chicken Thighs</p> <p><u>Lunch Vegetarian</u> Quorn dippers</p> <p><u>Lunch Sides</u> Seasoned potato wedges Red Coleslaw Salad Bar Jacket Potato Bar</p> <p><u>Lunch Pudding</u> Assortment from the week</p> <p><u>Dinner Main</u> Pepper Steak Pie</p> <p><u>Dinner Vegetarian</u> Roasted vegetable Pie</p> <p><u>Dinner Sides</u> Saute new potatos in minted butter</p>	<p><u>Brunch</u> Full English Breakfast Fried or Scrambled Sausage, Bacon Grilled Tomato Saute Mushroom Hash Brown Baked Beans</p> <p>Croissant Pain Au Chocolat</p> <p><u>Dinner</u> Roast Beef Gravy</p> <p><u>Dinner Vegetarian</u> Baked vegetable loaf with Caramelised onion</p> <p><u>Dinner sides</u> Roast potato Cauliflower mornay braised red cabbage steamed green veg Yorkshire pudding</p>

